

## About Us

At the Headingley Chiropractic Clinic we offer a multidisciplinary approach to health care with the focus on Chiropractic. The underlying philosophy is that the more holistically your health problem is treated the better the chances of recovery.

We work with a network of practitioners from different disciplines. These range from a podiatrist, holistic dentist, masseur, naturopath and hypnotherapist – amongst others. Suzanne Dolby, podiatrist with Leeds United, consults from our rooms weekly.

Dr Mark Butterworth is the principal chiropractor at Headingley Chiropractic Clinic and is registered on the General Chiropractic Council and with the British Chiropractic Association. He is also qualified as an Advanced Sacro Occipital Technique Practitioner and a Craniopath (the only chiropractor in Yorkshire to have obtained this qualification). Mark is the secretary of the Yorkshire Faculty of the College of Chiropractors and a Sacro Occipital Technique instructor and examiner.

Dr Butterworth is also well studied in Applied Kinesiology and Chirodentics (a technique incorporating chiropractors, dentists and orthodontists). Mark's training in various techniques enables him to tailor the treatment to best suit your needs and thus provides a greater chance of a full and speedy recovery.

Our female chiropractor Dr Nina Sawczyn is also registered with the General Chiropractic Council and is a member of the Scottish Chiropractic Association. She has been in practice 5 years using mainly Sacro-Occipital technique, and diversified. She has a keen interest in sports injuries and paediatrics. Her treatments are tailored to the individual with an emphasis on postural re-alignment and support.